



**Center for Human Development**  
**Parent Educator Program**  
*Helping Kids Stay Healthy and Safe*

"Never doubt that a small group of thoughtful,  
committed people can change the world.  
Indeed, it is the only thing  
that ever has." Margaret Mead

The Parent Educator Program [PEP] is a project of the Center for Human Development, and trains community volunteers to present health promotion curriculum to elementary students in grades K-6. The program is based on the TRIBES process and is designed to reduce risk factors for adolescent drug use and to promote resiliency in children. Parent volunteers complete a 21 hour training in a process that enables them to co-facilitate an interactive curriculum in the classroom. The lessons they will deliver are designed to promote responsible decision-making, resistance skills, self-esteem, and positive peer interaction.

**Thoughts about being a PEP Volunteer .....**

Quotes from PEP Trained Volunteers:

"Enjoyed it all! I am excited to begin my journey in making a difference in children's lives!"

"Like you said at our first class, 'we would walk away with so much'. I have! Thanks."

"Informative, thought provoking, soul-searching, positive way to make a difference in our lives and those that we touch, teach, and facilitate to."

"In a more perfect world, this training would be expanded to include as many people as possible – certainly every parent and every teacher."

"Far more than I could have imagined. In a very full life, this has been an important experience."

Quotes from Classroom Teachers:

"The PEP facilitators' lessons were outstanding in content, organization and delivery. They connected and demonstrated a positive rapport with my 4<sup>th</sup> grade students."

"The students thoroughly enjoyed the program and wanted it to continue after the seven weeks."

"The second grade program is a great addition to second grade curriculum teaching students to make better choices, solving conflicts, and respecting each others' differences."

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**Sign up for training and see for yourself! See Attached.**

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(925) 687-8844 x 246



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**Sign up below to become a Trained PEP Volunteer  
for the 2011-2012 School Year**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone \_\_\_\_\_ Cell \_\_\_\_\_

Email address \_\_\_\_\_

School \_\_\_\_\_ Grade level \_\_\_\_\_

Current PEP Coordinator \_\_\_\_\_

Occupation/Employer \_\_\_\_\_

Our volunteers are very important to us. We will do our best to honor your first choice as indicated below [please indicate by #1 with backup as #2]. All training programs are contingent upon a minimum number of participants. Unfortunately, any session may be cancelled if the minimum enrollment is not met.

Please note that a 7-week commitment is required. The format and content of the program dictate this length of training. The fee for the 21-hour training is \$350. A \$25 fee will be charged for those who sign up and withdraw before session one. Withdrawals after session one will be pro-rated. **Missed classes must be made up.** Make-up classes will be held Monday evenings at the CHD Office in Pleasant Hill.

**FALL SESSIONS**

\_\_\_ Tuesday Mornings – CHD Offices, Pleasant Hill  
**9am-12pm, Oct. 4, 11, 18, 25, Nov. 1, 8, 15**

\_\_\_ Wednesday Mornings–Park Blvd. Church, Oakland  
**9am-12pm, Oct. 5, 12, 19, 26, Nov. 2, 9, 16**

\_\_\_ Thursday Evenings, CHD Offices, Pleasant Hill  
**6pm-9pm, Oct. 6, 13, 20, 27, Nov. 3, 10, 17**

**WINTER SESSIONS**

\_\_\_ Tuesday Mornings – CHD Offices, Pleasant Hill  
**9 am-12 pm, Jan. 24, 31, Feb. 7, 14, 21, 28, and March 6**

\_\_\_ \* Wednesday Mornings–Park Blvd. Church, Oakland  
**9am-12pm, Jan. 25, Feb. 1, 8, 15, 29, March 7 and 14**

\*One week is skipped due to school holidays in Piedmont.

**\*\* Please return completed form to your school site PEP Coordinator.**



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Please fill out this Questionnaire and submit with your registration.

1. Please describe your reasons for wanting to become a Parent Educator.
2. List any previous experience you may have working with children in K-6 grades and/or work with alcohol and drug abuse education.
3. What special qualities do you bring to the Parent Educator Program?
4. List other current or prior volunteer commitments. Include any community or service groups.
5. Please add any other information about yourself that you would like us to know.